

《英语一》教学大纲

—《新视野大学英语》第一册

适用专业：全校非英语专业一年级适用型学生

课程类别：通识必修课

课程学时：64 学时（周 4 学时）

课程编号：5951113

课程学分：3 学分

一、课程说明

《大学英语》为全校非英语专业学生的学位课。根据教育部 2007 年颁布的《大学英语课程要求》，大学英语课程旨在培养学生的英语综合应用能力，特别是听说能力，使他们在今后学习、工作和社会交往中能用英语有效地进行交际、同时增强其自主学习能力，提高综合文化素养，以适应我国社会发展和国际交流的需要。

为了实现我校的中长期的发展目标，为了适应教务处新的人才培养模式的要求，突出特色办学，提高全校学生的大学英语水平，特别是提高考研学生的外语成绩，根据因材施教的原则以及我校大学英语教学的实际需要，从 2011 年起对我校 11 级在校本科生实施分层教学、分类指导、分流培养。非艺体类学生分别进入研究型、适用型两个层次的教学班学习。研究型为考研班，其教学对象是有考研意愿的学生；适用型为四级班，其教学对象是有较高学习英语兴趣、有意参加国家大学英语四六级考试的学生，该班的教学目标是培养适合人才市场所需要的具有较高外语水平的应用型人才。

本大纲适用于非艺体适用型学生，以教育部《大学英语课程标准》中的“一般要求”为标准，强化学生的听说读写译的基本技能，为学生通过

全国大学英语四、六级考试做好铺垫。

具体要求如下：

1. 听力理解能力：能听懂英语授课，能听懂日常英语谈话和一般性题材的讲座，能听懂语速较慢(每分钟 130 ~150 词)的英语广播和电视节目，能掌握其中心大意，抓住要点。能运用基本的听力技巧。

2. 口语表达能力：能在学习过程中用英语交流，并能就某一主题进行讨论，能就日常话题用英语进行交谈，能经准备后就所熟悉的话题作简短发言，表达比较清楚，语音、语调基本正确。能在交谈中使用基本的会话策略。

3. 阅读理解能力：能基本读懂一般性题材的英文文章，阅读速度达到每分钟 70 词。在快速阅读篇幅较长、难度略低材料时，阅读速度达到每分钟 100 词。能就阅读材料进行略读和寻读。能借助词典阅读本专业的英语教材和题材熟悉的英文报刊文章，掌握中心大意，理解主要事实和有关细节。能读懂工作、生活中常见的应用文体的材料。能在阅读中使用有效的阅读方法。

4. 书面表达能力：能完成一般性写作任务，能描述个人经历、观感、情感和发生的事件等，能写常见的应用文，能在半小时内就一般性话题或提纲写出不少于 120 词的短文，内容基本完整，中心思想明确，用词恰当，语意连贯。能掌握基本的写作技能。

5. 翻译能力：能借助词典对题材熟悉的文章进行英汉互译，英汉译速为每小时约 300 个英语单词，汉英译速为每小时约 250 个汉字。译文基本准确，无重大的理解和语言表达错误。

6. 推荐词汇量：掌握的词汇量应达到约 4795 个单词和 700 个词组(含中学应掌握的词汇)，其中约 2000 个单词为积极词汇，即要求学生能够在认知的基础上在口头和书面表达两个方面熟练运用的词汇(见附 3:《大学英语参考词汇表》)。

适用型课程具体设置为每周 2 学时读写+2 学时听力。在教学内容上，适用型学生的读写课使用普通高等教育“十一五”国家级规划教材《新视野大学英语读写教程》，视听说课使用《新视野大学英语视听说教程》，学生自主学习使用《新视野大学英语综合技能训练》和普通高等教育“十一五”国家级规划教材《21 世纪大学新英语快速阅读》。

为了更好地对适用型学生的英语学习进行有效的指导，采用“大班读写译(周 2 学时，多媒体教室)+小班视听说(周 2 学时，语言实验室)+‘任务型’自主学习(任务侧重语言基础知识)”的教学模式。

本大纲共安排 64 学时，其中读写课为 32 学时，视听说课为 32 学时。

二、课程内容和学时分配

Unit One (4+4 学时)

读写课

Section A Learning a Foreign Language (3 学时)

Section B Keys to Successful Online Learning (1 学时)

1. 知识要点：

(1) Background information: online learning

(2) Key words and phrases:

Section A: reward; positive; former; opportunity; access; participate;

virtual; commitment; minimum; embarrass; post; benefit;
insight; communicate; favorite; gap; be worth sth./doing sth.;
far from; get/have/obtain access to; participate in; come
across; reap the benefits; trade for; give sb insight into; reach
out to

Section B: community; expand; unique; remove; barrier; hinder; reflect;
critical; perspective; instruct; arise; absolute; explicit;
comment; reinforce; commit; assimilate; essential; sequence;
vital; facilitate; play a role; reflect on; speak up; be finished
with; allow for; on sb's part

- (3) Sentence structure: while; not only...but also...
- (4) Text structure analysis: a paragraph of cause and effect
- (5) Reading skills: finding out word meanings

2. 重点难点:

- (1) Writing skills: a paragraph of cause and effect (Section A)
- (2) Reading skills: finding out word meanings (Section B)

3. 学生自主学习:

- (1) Exercises of section A and Section B
- (2) 综合技能训练: Unit One Part II -Part VII
- (3) 21 世纪大学新英语快速阅读

Unit One College Life

Passage 1 Once a goal, Then a Reality

Passage 2 Getting Along with Your Teachers

Passage 3 Can College Friendship Last Forever?

视听说课

Unit One How's your college life? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: listening for names

III Listening in:

Task 1: Enrolling

Task 2: Living on campus

Task 3: Learning to speak English

IV Speaking out: Greeting and introducing

V Let's talk

2. 知识要点

(1) Listening for names

(2) Introducing yourself or others in a conversation

(3) Understanding and talking about college life

3. 学生自主学习

VI Further listening and speaking

综合技能训练

Unit One (1 学时)

教学内容: Part I Listening Comprehension

Unit Two (4+4 学时)

读写课

Section A Deep Concern (3 学时)

Section B Is There a Generation Gap? (1 学时)

1. 知识要点:

(1) Background information: generation gap

(2) Key words and phrases:

Section A: concern; forth; burst; stuff; thorough; disgusting; upset; tune; offensive; appeal; rid; negative; influence; patience; along with; burst into; over and over; reach for; as well as; as usual; in peace and quiet; make one's blood boil; get rid of; knots in one's stomach; in any case

Section B: concept; response; tend; evaluate; guidance; trend; apply; individual; relate; entitle; attitude; confidence; sound; adopt; curiosity; view; oppose; conflict; ruin; admit; approach; argument; humor; possibility; neglect; in turn; look to; point of view; get across; be concerned about; put sth. away; lose one's cool; awaken sb. to sth.

(3) Sentence structure: as; while + V-ing

(4) Text structure analysis: a paragraph with sequenced order of events

(5) Reading skills: distinguishing between facts and opinions

2. 重点难点:

(1) Writing skills: a paragraph with sequenced order of events (Section A)

(2) Reading skills: distinguishing between facts and opinions (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Two Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Two Language Learning

Passage 1 You Scratch My Back and I'll Scratch Yours

Passage 2 Variety Makes Learning English Enjoyable

Passage 3 Confident Body Language for the Woman of Today

视听说课

Unit Two Do you work out? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: identifying numbers

III Listening in:

Task 1: Yao Ming

Task 2: Ronaldo

Task 3: Physical Exercise

IV Speaking out: Asking for and Giving Directions

V Let's talk

2. 知识要点

(1) Identifying Numbers in Listening

(2) Asking for and Giving Directions

(3) Understanding and Talking About Sports and Sports Interests

3. 学生自主学习

VI Further listening and speaking

综合技能训练 Unit Two (1 学时)

教学内容: Part I Listening Comprehension

Unit Three (4+4 学时)

读写课

Section A A Good Heart to Lean On (3 学时)

Section B The Right Son at the Right Time (1 学时)

1. 知识要点:

(1) Background information: Manhattan; Brooklyn; Ebbets Field

(2) Key words and phrases:

Section A: lean; balance; severe; cripple; inward; coordinate; pace; adjust;
despite; nasty; cling; subject; stress; complaint; envy; precise;
engage; local; occasion; content; aid; urge; dive; regret;
complain; lean on; grow up; let on; start out; make it; even if;
on one's way (to); even though; break out; on leave; see (to it)
that

Section B: collapse; locate; emergency; apparent; vehicle; military; sole;
enable; extend; wrap; encouragement; staff; exchange; breathe;
inform; sympathy; interrupt; come to; now and again/then; call

for; set out; for a while; pay attention to; hold to; with that;
turn out

(3) Sentence structure: even though; *prep./conj.* + V-ing/-ed

(4) Text structure analysis: a paragraph of a general point supported by
examples

(5) Reading skills: reading for the key ideas in sentences

2. 重点难点:

(1) Writing skills: a paragraph of a general point supported by examples
(Section A)

(2) Reading skills: reading for the key ideas in sentences (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Three Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Three Technology

Passage 1 I Have to Catch up...

Passage 2 Smartphone: A Splendid Way to Improve Your English

Passage 3 How Technology Is Making Us Fatter?

视听说课

Unit Three Tell me about your friends? (3 学时)

1. 教学内容:

I Lead-in

(2) Key words and phrases:

Section A: make up one's mind; consciously; range; interview; encounter;
focus; persuasive; presentation; be committed to; absorb;
how-to; fix one's eyes on; drive sb. crazy/mad; at one's best;
address; match; depress; being; contact; relaxed; lighten up;
take...seriously

Section B: the minute; seemingly; instant; lack; in relation to; assume;
acquaint; be/become/get acquainted with; estimate;
overestimate; pick up; in part; account for; telling; aggressive;
resentful; definitely; project; promote; means; be/feel at home;
rigid; be content with; a wealth of; after all

(3) Sentence structure: so + *adj./adv.* + (that)

(4) Text structure analysis: a paragraph of a statement supported by a list of
examples

(5) Reading skills: reading for the main ideas in paragraphs

2. 重点难点:

(1) Writing skills: a paragraph that starts with a general statement and goes on
to list examples to support it (Section A)

(2) Reading skills: reading for the main ideas in paragraphs (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Four Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Four Career Planning

Passage 1 Choosing the Ideal Career

Passage 2 Career Planning Tips

Passage 3 My Career Planning

视听说课

Unit Four How's the weather today? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: listening for telephone numbers

III Listening in:

Task 1: Weather forecasting

Task 2: Wrong weather forecast

Task 3: Global climate change

Task 4: A weather report

IV Speaking out: Making complaints and giving warnings

V Let's talk

2. 知识要点

(1) Identifying telephone numbers in listening

(2) Making complaints and giving warnings

(3) Understanding and talking about weather

3. 学生自主学习

VI Further listening and speaking

综合技能训练

Unit Four (1 学时)

教学内容: Part I Listening Comprehension

Unit Five (4+4 学时)

读写课

Section A The Battle Against AIDS (3 学时)

Section B The Last Dive at the Olympics (1 学时)

1. 知识要点:

(1) Background information: AIDS and HIV; Latino

(2) Key words and phrases:

Section A: acquire adopt; apart; alarm; assist; approach; client; attack;
compete; combat; constitute; confuse; critical; create; emerge;
emphasize; explore; federal; hasten; illustrate; infect; initial;
intense; leap; prejudice; prior; regardless; represent; rural;
significant; thrust; trial; triumph; be infected with; in place of;
suffer from; hand out; set up; at risk; regardless of; guard
against; wipe out; distract sb. from sth. sign up for

Section B: commence; apart; initial; intense; bleed; trial; significant; spill;
explore; prior; assist; enjoyable; partner; confuse; compete;
confident; quit; in haste; call sb. names; have a shot at sth; take
first place; for fear (that); start with.

(3) Sentence structure: using attributive clause

(4) Text structure analysis: general statement supported by a problem-solution pattern

(5) Reading skills: reading for major details

2. 重点难点:

(1) Writing skills: general statement supported by a problem-solution pattern
(Section A)

(2) Reading skills: reading for major details (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Five Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Five Life Philosophy

Passage 1 10 Timeless Ways to Live a Happy Life

Passage 2 The Key to Wealth Is Being Satisfied with What You Already Have

Passage 3 My Life Philosophy: Love, Live and Learn

视听说课

Unit Five What's your favorite food? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: listening for people's food preferences

III Listening in:

Task 1: Fast food culture

Task 2: McDonald's

Task 3: American eating habits

IV Speaking out: Asking for and offering suggestions

V Let's talk

2. 知识要点

(1) Listening for people's food preferences

(2) Asking for and offering suggestions

(3) Understanding and talking about eating habits

3. 学生自主学习

VI Further listening and speaking

综合技能训练

Unit Five (1 学时)

教学内容: Part I Listening Comprehension

Unit Six (4+4 学时)

读写课

Section A The Trashman (3 学时)

Section B The Company Man (1 学时)

1. 知识要点:

(1) Background information: waste management and trashmen

(2) Key words and phrases:

Section A: continuous; wicked; tremble; dump; outdoor; outdoors; register;

indoors; peculiar; graduate; boast; employment; contrary; harm;

theory; head to; make the rounds; go with; look sb. in the eye(s); at the sound of; nothing but; be/feel ashamed of; boast about/of; stay away from; stay at; contrary to; look down on/upon; be in for; hold water; leave behind

Section B: addicted; devote; conceive; retire; spot; afford; divide; admire; ignore; accurate; survive; beloved; manufacture; odd; replace; bear; finance; stock; option; wind; inquire; die of; care for; stay up; straighten out; and all that; pick up; ask around

(3) Sentence structure: so; nor; neither; even if

(4) Text structure analysis: a general statement supported by examples

(5) Reading skills: understanding idiomatic expressions

2. 重点难点:

(1) Writing skills: a general statement supported by examples (Section A)

(2) Reading skills: understanding idiomatic expressions (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Six Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Six Family

Passage 1 Family Stories with Morals: What Is a Family?

Passage 2 Raising a Child with Down Syndrome

Passage 3 Family

视听说课

Unit Six Being healthy feels great! (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: Listening to people talk about health

III Listening in:

Task 1: Diets

Task 2: Culture shock

Task 3: The Flu

IV Speaking out: Expressing worries and reassurance

V Let's talk

2. 知识要点

(1) Listening to people talk about health

(2) Expressing worries and reassurance

(3) Understanding and talking about health and health problems

3. 学生自主学习

VI Further listening and speaking

综合技能训练 Unit Six (1 学时)

教学内容: Part I Listening Comprehension

Unit Seven (4+4 学时)

读写课

Section A Face to Face with Guns (3 学时)

Section B Should I Have a Gun (1 学时)

1. 知识要点:

(1) Background information: gun politics in the United States

(2) Key words and phrases:

Section A: shave; instinct; slight; polish; attach; identify; offend; detail;
mercy; fade; stiff; current; stick

Section B: handle; advocate; ignorance; previous; violence; transport;
intend; injure; confront; intention; omit; dominate; reveal;
anxiety; disgust; guilty

(3) Sentence structure: have + object + V-ed; rather than

(4) Text structure analysis: a paragraph of a set of sequential actions

(5) Reading skills: reading between the lines

2. 重点难点:

(1) Writing skills: a paragraph of a set of sequential actions (Section A)

(2) Reading skills: reading between the lines (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Seven Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Seven No Cross No Crown

Passage 1 Hold Your Head up High

Passage 2 Power to Inspire: Love Doesn't Stop

Passage 3 Rainbow after the Storm

视听说课

Unit Seven How Much Does It Cost? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: identifying prices

III Listening in:

Task 1: Malls in the U.S.

Task 2: Online shopping

Task 3: Beware of bargains!

IV Speaking out: Making and responding to requests

V Let's talk

2. 知识要点

(1) Identifying prices

(2) Making and responding to requests

(3) Understanding and talking about shopping

3. 学生自主学习

VI Further listening and speaking

综合技能训练

Unit Seven (1 学时)

教学内容: Part I Listening Comprehension

Unit Eight (4+4 学时)

读写课

Section A Birth of Bright Ideas (3 学时)

Section B Ways of Increasing Creativity (1 学时)

1. 知识要点:

(1) Background information: Richard Wagner; Henri Poincare; Rene Descartes

(2) Key words and phrases:

Section A: satisfactory; flash; mystery; reasonable; process; invention; logic; signal; compose; occupy; miracle; contrast; combination; stable; existence; observe; explosion; representative; count; source; responsible; sleep on sth.; depend on; be occupied with; seek for; take shape; put into; arrive at; search for; fill sb. with sth.

Section B: dip; applaud; remark; decade; convince; capacity; potential; awake; recall; advantage; productive; disturb; associate; invent; claim; string; motion; swing; context; transfer; principle; enhance; right away; act on/upon; come one's way; fall asleep; take advantage of; bring sb. together; lead to; set sth. in motion; back and forth; take up

(3) Sentence structure: the attributive clause; the more...the more...

(4) Text structure analysis: a paragraph of contrast

(5) Reading skills: scanning and predicting

2. 重点难点:

(1) Writing skills: a paragraph of contrast (Section A)

(2) Reading skills: scanning and predicting (Section B)

3. 学生自主学习:

(1) Exercises of section A and Section B

(2) 综合技能训练: Unit Eight Part II -PartVII

(3) 21 世纪大学新英语快速阅读

Unit Eight Creative Wisdom from Mistakes

Passage 1 Writing Down the Fear of Making Mistakes

Passage 2 Just One Success in life

Passage 3 Being Successful Through Mistakes

视听说课

Unit Eight On or Off Campus? (3 学时)

1. 教学内容:

I Lead-in

II Listening skills: listening for rents or charges

III Listening in:

Task 1: Living with Roommates

Task 2: Interviewing a Rental Agent

Task 3: Off-campus Apartments

IV Speaking out: Denying and Admitting

V Let's talk

2. 知识要点

- (1) Listening for rents or charges
- (2) Expressing your feelings by denying or admitting
- (3) Understanding and talking about living on campus

3. 学生自主学习

VI Further listening and speaking

综合技能训练 Unit Eight (1 学时)

教学内容: Part I Listening Comprehension

复习课 General Review (4 学时)

Unit Nine (0 学时)

自主学习内容:

读写教程

Section A College Success Made Easy

Section B A Major Question of Majors

1. 知识要点:

- (1) Background information: choosing a major at American universities
- (2) Key words and phrases:

Section A: stand out; fantastic; no matter how; turn in; whatsoever; arouse;
 magnificent; remarkable; with ease; outstanding; infinitely;
 accomplish; sit back; investigate; analysis; awaken; get behind;
 amount; entertain; alternative; strike sb. as sth.; grant; plow
 through; cease; focus; adapt; profit; alter; performance

Section B: echo; pick-up lines; await; abortion; drop out; ban; figure out;

predict; breakthrough; host; care about; pose; as to; target;
page through; waken; enormous; commit; end up; as long as;
prosperous; involve; do with

(3) Sentence structure: no matter how/whether/what/when, etc.; would rather

(4) Text structure analysis: look at the general structure of the whole essay

(5) Reading skills: previewing

2. 重点难点:

(1) Writing skills: general situation, tips and conclusion (Section A)

(2) Reading skills: Previewing-Read the text about the title, and you might
know what the reading passage is possibly about (Section
B)

3. Exercises

综合技能训练 Unit Nine Part II -Part VII

视听说

Unit Nine Do you surf the net?

自主学习内容:

视听说教程

I Lead-in

II Listening skills: Making calculations

III Listening in:

Task 1: The internet on campus

Task 2: Surfing the net

Task 3: Internet addiction

IV Speaking out: As far as I am concerned

V Let's talk

VI Further listening and speaking

知识要点

(1) Making calculations

(2) Create a dialog with a partner for each of the situations.

(3) Understanding and talking about Internet Study

综合技能训练 Unit Nine Part I Listening Comprehension

Unit Ten (0 学时)

自主学习内容:

读写教程

Section A Being Honest and Open

Section B Website Resources: The Best Aid for Cheating?

1. 知识要点:

(1) Background information: Ogilvy & Mather; Robert Schuller

(2) Key words and phrases:

Section A: demonstrate; integrity; boundary; scarce; consist; ensure;
assure; protest; intelligent; clarify; appoint; dwarf; rely;
inevitable; preserve; tough; mature; conscience; component;
enrich; fashionable; yield; tempt; at hand; in short supply; the
bottom line; demand of; stand for; confront with; think of; do

fine; give sb. credit

Section B: cheat; ultimate; link; contemporary; appropriate; purchase;
download; reconcile; moral; expense; per; press; property;
issue; incline; notion; honesty; proof; structure; transform;
curb; strategy; hand over; do the trick; hail as; make the most
of

(3) Sentence structure: where introducing adverbial clause; what introducing
noun clause

(4) Text structure analysis: a paragraph of general principle supported by an
example

(5) Reading skills: understanding idiomatic expression

2. 重点难点:

(1) Writing skills: a paragraph of general principle supported by an example
(Section A)

(2) Reading skills: understanding idiomatic expression (Section B)

3. Exercises

综合技能训练 Unit Ten Part II -Part VII

视听说

Unit Ten Have a nice holiday?

自主学习内容:

视听说教程

I Lead-in

II Listening skills: identifying the main information

III Listening in:

Task 1: How I plan my holiday

Task 2: Planning for the holiday

Task 3: Halloween

IV Speaking out: Giving invitation

V Let's talk

VI Further listening and speaking

知识要点

(1) Identifying the main information

(2) Making holiday plan

(3) Understanding and talking about holiday plan

综合技能训练 Unit Ten Part I Listening Comprehension

三、考核方式及要求

采用形成性评估与终结性评估相结合的方式进行评估。成绩为百分制。
总评成绩为：平时 30 分+期末考试成绩*70%，平时成绩主要根据出勤、测验来考核。

四、教材及主要参考书

郑树棠 《新视野大学英语（第二版）读写教程 1》 外语教学与研究出版社

郑树棠 《新视野大学英语（第二版）读写教程 教师用书 1》 外语教学与研究出版社

徐 钟 《新视野大学英语视听说教程 1》 外语教学与研究出版社

徐 钟 《新视野大学英语视听说教程 教师用书 1》外语教学与研究出版社

邹 申 汪榕培 《21 世纪大学新英语快速阅读 1》 复旦大学出版社

李素荣 史 梅 《新视野大学英语综合技能训练 1》西苑出版社

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